



Carolina **REHAB**

Wellness & Fitness

Coaching ● Activity ● Nutrition
Weight Normalization



Carolina Rehab has comprehensive physical therapy, rehabilitation and wellness services.

WELLNESS AND FITNESS SERVICES

Medically supported coaching, activity and nutrition

Health risk assessment

Activity assessment

Nutrition assessment

Exercise planning, implementation and tracking

Weight normalization

Add Quality Years to Your Life!

889 Sherwood Ln. Statesville, NC 28677
704-881-0088 tel 704-881-0087 fax

The logo features the word "Carolina" in a smaller, black, sans-serif font above the word "REHAB" in a large, bold, black, sans-serif font. A red graphic element, resembling a stylized human figure with arms raised, is positioned above the "REHAB" text. A thick red horizontal line is located below the "REHAB" text.

Carolina REHAB

Physical Therapy & Rehabilitation

Add Quality Years to Your Life!



PHYSICAL THERAPY

Physical Therapy Specialized evaluations
Therapeutic exercise and activity
Joint and soft tissue mobilization
Edema management
Pain modalities
Balance and Fall Prevention



INDUSTRIAL REHABILITATION

Job specific exercises
Functional capacity evaluation
Work conditioning
Wellness programs



EDUCATIONAL AND CONSULTATIVE SERVICES

Pre-employment screening
On-site ergonomic analysis
Employer/employee training programs
Wellness planning and collaboration



SPORTS REHABILITATION

Consultation and treatment of athletes

The logo is identical to the one at the top of the page, featuring the word "Carolina" above "REHAB" with a red stylized human figure above the text and a red underline below "REHAB".

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www.carolina-rehab.com